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VA EMPOWERMENT



Being Here
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October 23rd 2019: Being in Nature Part II

"And into the forest I go to lose my mind and find my soul." John Muir Our lives are frequently in resistance to something or someone. Being in Nature allows you to re-engage with the natural order of things, with the cycle of life. Be bold - step out of your devices and into nature and watch your "problems" disappear. Callers welcome at Tel# 1-888-346-9141!



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