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HEALTH & WELLNESS



## BORN TO BE BREASTFED

WITH  
MARIE BIANCUZZO RN MS IBCLC



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**Born to be Breastfed**  
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**October 7th 2019: BabyWearing: An Amazing Experience You Won't Want to Miss**

Most of us assume that babywearing is, well, nice; a new fad that might be fun to try. Fewer of us recognize it as a practice with ancient roots in hunter-gatherer societies. And scarcely anyone would consider it as a biological, psychological or sociological imperative for the modern family, and yet, perhaps we should. Join Marie and her guest, Rosie Knowles, a general practitioner and author of Why Babywearing Matters. Dr. Knowles tells us a surprisingly candid and heartwarming story of how she became interested in babywearing, and why she has spearheaded efforts to normalize babywearing

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**Featured Guest**



**Rosie Knowles**

Rosie Knowles, GP, practices in the UK with a keen interest in holistic medicine, children's health, and perinatal mental health.

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