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Stepping into The Ten Da Tao Chang: Life **Transformation with Master Sha and Host** Diana Gold Holland **Archives Available**

November 19th 2019: Tao Calligraphy Healing Field Transforms Heart & Small Intestine

Based on the Tao teachings and the ancient wisdom of the Five Elements of traditional Chinese medicine, the internal organs are part of a whole system that needs to be in balance for optimal health and happiness. In this week's episode of Stepping in the Ten Da Tao Chang, Francisco Quintero will explain how Tao Calligraphy can be applied to transform the heart and small intestine, two organs that are a key to healthy mental and emotional states and have an impact on overall well-being. The heart is not just the physical heart but is also the home for the soul, spiritual heart, and mind. Withou

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Featured Guest



Francisco Quintero

Francisco Quintero is a Master Teacher of the Tao Academy who has developed training programs around the world based on the teachings of Master Zhi Gang Sha.

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