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January 7th 2020: Overcoming the Obstacles

As we all know life isn't fair. For some people things just seem to fail into place. They win the DNA lottery. Born into a good situation. This is nice if you can get it, but for the vast majority of us, life is a struggle. It is particularly more difficult when you are considered different. Different race, color, creed, religion, culture, physical, mental or emotional disability – now on top of any of those differences add the fact that you are a woman from a culture that doesn't place education of women as a priority. In many cases the odds are not in your favor. Now this is not always the

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Featured Guest



Remy Meraz

Remy Meraz is the Founder and CEO of Me Tyme Network Inc.™, an interactive web and mobile application that empowers employees to reduce emotional stress in and out of the workplace. The concept for Me Tyme was born from observing continuous challenges plaguing underserved communities and small to mid-size businesses related to the stigma around emotional health. Prior to Me Tyme, Remy's 25-year sales and marketing career spanned across a variety of industries including airlines, media, entertainment, advertising, and clean energy. She has held positions with large and small companies and has managed national advertising and marketing campaigns for well-established brands such as Nike and HB

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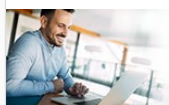
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