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EMPOWERMENT



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Dr. Gary Bell's Absurd Psychology
Tuesday at 11 AM Pacific
**December 24th 2019: Eudaimonia: Becoming
Our Best Version of Us**

The ancient Greek philosophers were pretty much obsessed with the idea of a good life. Their whole way of life was organized around ideas about what makes a human life "good" or "noble" or "worthwhile." While others pursued commerce, politics, or war, the philosophers tried to figure out why these things mattered. Each philosophical school had its own answers, but Aristotle's was one of the most influential. His philosophy was successful in part because it showed the unity of all these pursuits: a merchant, a politician, and a soldier were all, Aristotle argued, doing more or less the same thi

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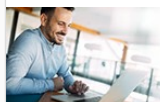
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