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Dr. Carole's Couch
Tuesday at 1 PM Pacific
December 3rd 2019: Get a Jump on the Holiday
Crazies!

Dr. Carole helps you get ahead - not only ahead of the Holiday Blues taking you under, but the Holiday Crazies-the acting out of people suffering from Holiday Blues to hurt others. First, she explains what might be making you feel blue during the 2019 winter holidays. Then she goes on to tell you stories of two people with the Holiday Crazies - one on each side of the pond. There's the lonely Pennsylvania mom charged with hanging her two young children and all the red flags she was raising ahead of time that unfortunately were ignored. Next, Dr. Carole reveals ironies in the story of the Londo

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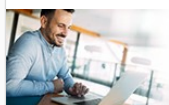
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