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EMPOWERMENT



Things Worth Considering
Thursday at 5 PM Pacific /8 PM Eastern
December 5th 2019: I hear you but are you listening?

If our hearing is intact we have the ability to hear voices, music and of course, noise. But there is a difference between hearing and actually listening. How many times have you ever had someone say, "Are you listening to me" or "You are not listening to what I am saying" Listening is a skill, one we should be taught early on in life but usually that is not the case. Much of our disagreements stem from hearing what someone said, filtering it through our perceptions and responding according to what we think we heard. Listening is the intention act of wanting to understand another person's view

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