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HEALTH & WELLNESS



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with
Dr. Emil Haldey



Prescription for Success with Dr. Emil Haldey

Archives Available

December 12th 2019: From Fatigued to Fantastic!

In this episode Dr Emil Haldey will be interviewing Dr Jacob Teitelbaum, MD – one of the most frequently quoted integrative medicine authorities in the world. The focus of the conversation during the interview will be on fatigue – which Dr Teitelbaum sees as “the perfect storm for a human energy crisis”. Tackling the main contributors to this storm – nutrition, sleep, hormones, environmental toxins and immune changes – Dr Teitelbaum will talk about each one, how they impact one's overall health, and what can be done to address this storm. Dr Teitelbaum will explain the listeners how this energ

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Featured Guest



Jacob Teitelbaum, MD

Jacob Teitelbaum, M.D., is one of the most frequently quoted integrative medical authorities in the world. He is the author of the best-selling From Fatigued to Fantastic!

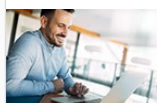
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