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**December 20th 2019: Post Lifestyle Event
Disorder (PLSED)**

I don't know about you but we certainly feel the turmoil of returning to real life after an awesome weekend of Lifestyle dates, a hotel takeover like Naughty in N'awlins or 10 days away at Young Swingers Week! Actually, we feel it SO strongly that we coined a term for it: Post Lifestyle Event Disorder – or PLSED. On our show this week we are going to discuss what post vacation depression is, how it impacts you and how adding the Lifestyle into the mix can make it even more challenging to snap back to reality. With over 50,000 kms of Lifestyle travel in the last year and a half, we have some ex

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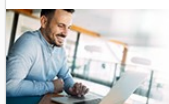
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