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## Stepping Into The TEN DA TAO CHANG

Life Transformation with Master Sha, His Master Teachers,  
and Your Host, Diana Gold Holland

**Stepping into The Ten Da Tao Chang: Life Transformation with Master Sha and Host Diana Gold Holland**  
Archives Available

**January 14th 2020: Develop the Fifth Energy Chakra with Ten Greatest Tao Qualities**

On Stepping into the Ten Da Tao Chang, Francisco Quintero will share how to apply the Ten Da to the Fifth Chakra, the Throat Chakra. Removing blockages in each of the Seven Chakras allows for an alignment and flow of energy that creates better health and happiness. The throat chakra is a sacred powerhouse for willpower, enabling people to make positive choices that support well-being and success. With willpower, we can control our thoughts and actions, overcome adversity, and keep ourselves on a path to physical, mental, and spiritual wellness and growth. Through strengthening the throat and v

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### Featured Guest

Guest Image

#### Francisco Quintero

Francisco Quintero is a Master Teacher of the Tao Academy who has developed training programs around the world based on the teachings of Master Zhi Gang Sha.

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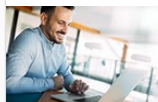
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