

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



HEALTH & WELLNESS



Living to 100 Club Archives Available

**February 7th 2020: Encore Helping People Find
Hope, Humor, and Heart in Caregiving**

Today is guest is Elaine K Sanchez, caregiver speaker, co-founder of CaregiverHelp.com, a video-based support program for family and professional caregivers, and author of the unflinchingly honest and surprisingly funny book, Letters from Madelyn, Chronicles of a Caregiver. We will be talking about how to develop an Attitude of Creative Indifference toward caregiver anger, guilt, depression, grief, and dementia-related challenging behaviors, with a special emphasis on dealing with surprising and inappropriate dementia-related sexual behavior.

Tune in

Archives Available on
VoiceAmerica Health and
Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

DOWNLOAD PDF

<> GET CODE

Featured Guest



Elaine K Sanchez

Elaine Sanchez is the author of the unflinching honest and surprisingly funny book, Letters from Madelyn, Chronicles of a Caregiver.

[Read more](#)

Share This Episode

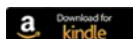
Share On Facebook

Share On Twitter

Share On LinkedIn

Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG