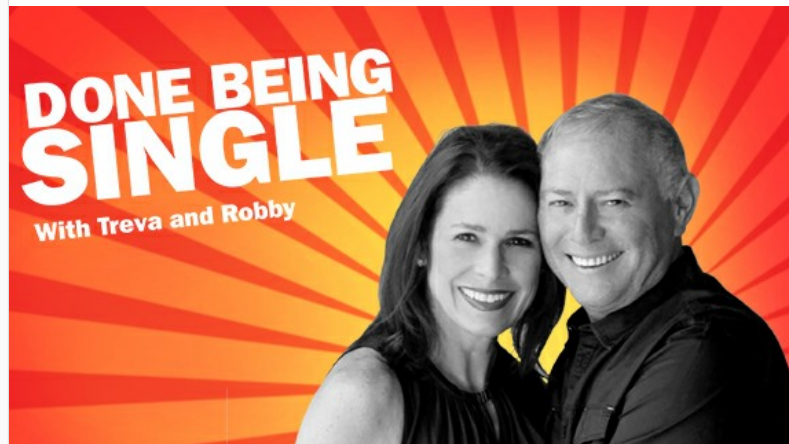


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On this week's episode, we're proving you don't need to have your shit totally together to find love. We're all a work in progress, and the quest for betterment is noble, but trying to find yourself shouldn't preclude you from finding love. You shouldn't have to wait. As a wellness expert and single woman, guest Debi Carlin Boyle shows you how to do both.

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**Featured Guest**



**Debi Carlin Boyle**

Debi Carlin Boyle is a fitness and nutrition professional with over two decades in the health and wellness business. A believer in the fundamentals of fitness and diet rather than fleeting trends, Debi helps clients maximize their genetic potential through her online video blogs, magazine articles, and her live streaming radio show BalancedLife, Conversations Connecting To A Healthier You (UBNGO.COM).

[Read more](#)

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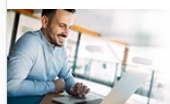
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