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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
February 19th 2020: Don't Forget Me

Steve Grant could never have imagined that both of his sons would die of accidental drug overdoses. Despite the differences in each of their lives, losing both of them to the opioid epidemic demanded that Steve struggle with his own choices in trying to help them. Taking an honest look at what he tried, what he did, and what experts say about how families respond led to a book, *Don't Forget Me*, offering hope to all who struggle with a family member's addiction. Along with the questions Steve needed to answer for himself, there was also the painful process of grief from the unimaginable; the lo

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Featured Guest



Steve Grant

Steve M. Grant is the Founder and Executive Director of the Chris and Kelly's HOPE Foundation, dedicated to his two sons who both died of accidental overdose. The Foundation has helped numerous organizations and created The Chris and Kelly's HOPE Fitness Park, which was donated in 2014. Steve's book about the loss of his two, *Don't Forget Me* (2020) chronicles his journey from grief to gratitude. Steve is the four-time recipient of Northwestern Mutual Foundation National Community Service Award and the South Carolina Upstate Philanthropic Achievement Award. He also received the South Carolina Governor's Volunteer Award for volunteer community leadership. He serves on both The Family Eff

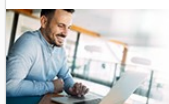
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