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HEALTH & WELLNESS



BORN TO BE BREASTFED

WITH
MARIE BIANCUZZO RN MS IBCLC



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Born to be Breastfed

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February 24th 2020: Encore Pregnancy and Breastfeeding: Turning Points for a Mother With Anorexia

Eating disorders affect as many as 30 million people in the United States. And, although they have the highest mortality rate of any mental illness, eating disorders are seriously undertreated. Tragically, among those who seek treatment for anorexia each year, 1 in 100 will die; up to 20% will die within a year as the result of complications from the eating disorder, or suicide. In today's episode, Marie talks with Jacklyn Novatt, who nearly became one of those statistics. Luckily, she got help. Better yet, Jackie beat the anorexia in time to become pregnant and successfully give birth to and

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Featured Guest

Guest Image

Jackie Novatt

Jackie Novatt speaks from personal experience about anorexia nervosa, which she has been working to recover from for 18 years. She also has personal experience with parenting, as the mother of almost-5-year-old twins living on Long Island. Jackie is an active member of the Nassau County Mothers of Twins Club, and she leads Tot Shabbat and plays cello at her local synagogue. Professionally, she works as a scientist, conducting cancer research at Cold Spring Harbor Laboratory, and teaching at local colleges.

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