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EMPOWERMENT



Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific
March 5th 2020: Awakening Your Crystals

In the eloquent words from my guest's book: "Crystals work because they are a gift from the divine, from the universe, from the Earth energy, from Light, as are all natural gifts, given to us to enhance and promote our positivity...Crystals are a cosmic gift to us to boost our healing potential, to promote our connection to spirit, and to assist us...so that we may...transmute our negative energy." We get the most benefit from our crystals when we program them for healing or attraction of positive energy, including love and prosperity. When we treat them with respect, communicate with them and f

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Featured Guest



Sharon McAlister

Sharon L McAllister has been a holistic therapist for over 25 years, specializing in Crystal Healing, Holistic Reflexology and Soul Recall Therapy. She has developed and taught both crystal healing and reflexology diploma courses for the Hope Healing Clinics in Manchester and Yorkshire, UK. In addition to her work with private clients.

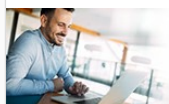
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