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**February 28th 2020: Free Yourself From Conflict
and Achieve Optimal Outcomes**

Do you ever blame or avoid others? Blame yourself? Or seek to collaborate even when others refuse? These destructive habits can keep you and others stuck in what Jennifer Goldman-Wetzler calls the "conflict loop." This show will address ways you can demonstrate true leadership and break this cycle. From observing your very own conflict habits and patterns, honoring ideal and shadow values, to imagining your ideal future, you can successfully break the conflict loop. Actively engaging conflict will demonstrate the true leader that you are that requires energy and can truly lead transformation.



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Featured Guest

Guest Image

Jennifer Goldman-Wetzler

Dr. Jennifer Goldman-Wetzler is founder and CEO of Alignment Strategies Group, the New York-based consulting firm that counsels CEOs and their executive teams on how to optimize organizational health and growth. Author of OPTIMAL OUTCOMES: Free Yourself from Conflict at Work, at Home, and in Life (HarperBusiness, Feb. 25, 2020), she is a keynote speaker at Fortune 500 companies, public institutions and innovative, fast-growing startups, where she inspires audiences of all kinds.

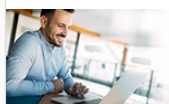
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