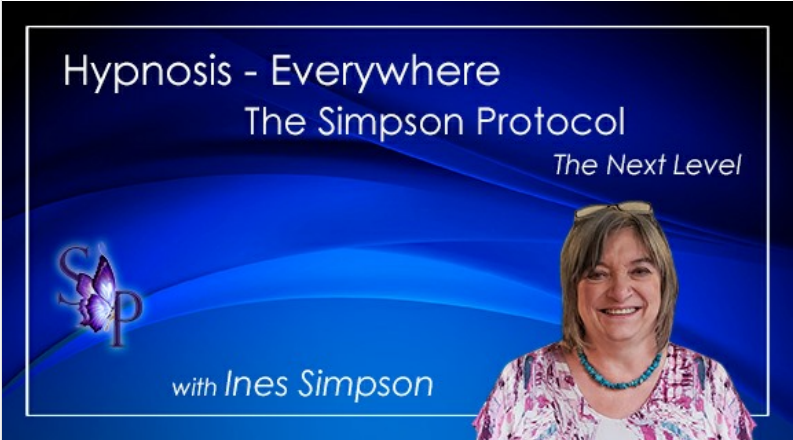




HEALTH & WELLNESS



Hypnosis – Everywhere: Ines Simpson and the Simpson Protocol
Archives Available
March 4th 2020: Revisiting Mesmer, Mesmerism and all that!

This episode we chat with Nicole Wackernagel and Rick Collingwood on the topic of Mesmer - and all the myths, fabrications and misunderstandings surrounding this 'father' of Modern hypnosis. Nicole's Hypnosis school is located in Frauenfeld (where Mesmer did much of his work)- though she was only vaguely aware of Mesmer at first. Rick Collingwood (Australia) is one of the few recognized teachers of Mesmerism worldwide. And when we did an interview with him last year - he mentioned Frauenfeld as a place he visited because of the Mesmer connection - and also mentioned he would love to do a

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Nicole Wackernagel

I have always been fascinated by the concept of Hypnosis. The first real experience with hypnosis was because of my grandmother with when I was about 11 years old.

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Rick Collingwood

Founder of Mind Motivations and The Australian Academy of Hypnosis Rick is the worlds premier clinical therapeutic hypnotist. He is an internationally renowned Hypnosis Trainer, Author, Counsellor, Public Speaker, Sales Motivator, Corporate Speaker, and the founder of Mind Motivations The Australian Academy of Hypnosis. During the past twentyfive years, he has been at the forefront of the hypnosis profession. He has developed a unique style of hypnosis from a combination of traditional hypnosis, Ericksonian hypnosis, and mesmerism. With his vast knowledge of the direct and rapid hypnosis methods used by modern hypnosis and the hypnotists of the past Rick has moulded the techniques into a pow

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