



HEALTH & WELLNESS



Living to 100 Club Archives Available

**March 6th 2020: Exploring Nutrition and Cancer,
Wellness, and the Immune System**

This episode of the Living to 100 Club Radio Program highlights the subject of nutrition and cancer, and discusses how good nutrition is an important component of traditional oncologic care. Our guest, Carolyn Katzin, has graduate degrees in nutrition and public health and has focused on empowering cancer patients and their families for 30 years. She has presented extensively on nutrition for cancer patients, and wellness and the immune system. This episode will explore how our guest uses a whole person approach with her patients, how she introduces food as part of our medicine, and the nutri

[Read more](#)



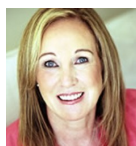
Tune in

Archives Available on
VoiceAmerica Health and
Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guest



Carolyn Katzin

Carolyn Katzin has graduate degrees in nutrition and public health and has focused on empowering cancer patients and their families for 30 years. She has presented extensively on nutrition for cancer patients, and wellness and the immune system. She has been active with the American Cancer Society for 27 years working with groups and communities to further healthy environments and support health and wellness, and served as a member of the ACS National Nutrition, Physical Activity and Cancer Control Committee, is past Chair of the ACS' California Division Board of Directors and currently serve as Chair of the ACS Division Board's Wellness Committee. She has three books in print, The Good Eati

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG