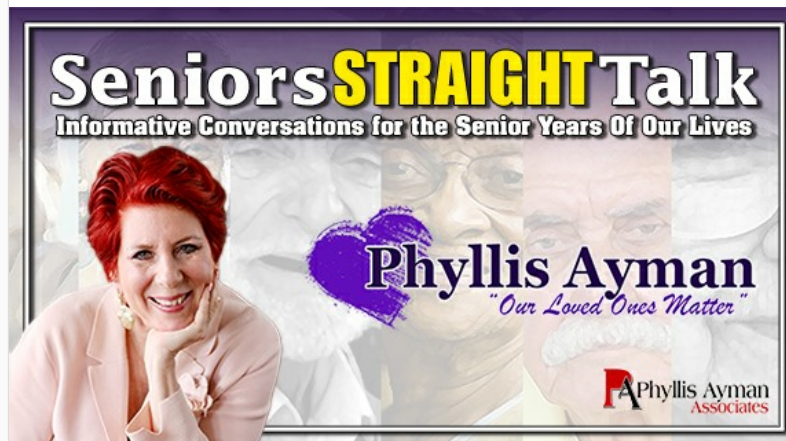


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Seniors STRAIGHT Talk
New Shows Weekly
March 9th 2020: IMpathy A tool for Resilience

You receive a sudden dreaded phone call: mom or dad has fallen and broken his/her hip and is now hospitalized, or has had a heart attack or stroke which thrusts some people into a situation for which they are not anywhere near prepared. The family Caregiver is vital in the lives of our older loved ones. Family caregivers are making tremendous personal sacrifice, and are truly unsung heroes. So much so that the 2020 Rose Bowl parade included a float dedicated to Caregivers. The 80+ population is increasing drastically. With increased age often there are increasing care needs. What impact will

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