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Dr. Carole's Couch
Tuesday at 1 PM Pacific
March 31st 2020: How to Save Yourself & Your Loved Ones from Coronavirus

Dr. Carole continues putting Coronavirus and Covid19 on her couch-keeping you updated with the latest information you need to know to save yourself and your loved ones from the pandemic. Today, she talks about dangerous pranks people are playing, how the World Health Organization is being hypocritical by urging you to play video games despite their having named it as an addiction and mental disorder, what you can do during isolation to stay sane, and more.



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