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April 9th 2020: Herbal Contraception: Wild Carrot Seed

Eons ago our grandmothers knew which plants to take to discourage implantation and encourage menstruation. Most of that knowledge was lost to time yet there are tantalizing clues, rumors and stories of plants that allowed women more control over their fertility. In this fascinating conversation between Robin and her special guest, Robin Rose Bennett you'll discover a modern day plant that is used by some as a form of contraception. While this method of contraception isn't for everyone, Robin shares who can use it safely, who should avoid it and how to use it to increase or decrease fertility a

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Featured Guest



Robin Rose Bennett

Robin Rose Bennett is a story-teller, writer, and herbalist. She has been offering classes in Wisewoman Healing Ways: Herbal Medicine and EarthSpirit Teachings since 1986 - at herb conferences, festivals, clinics, medical and nursing schools, and most joyously, outside with the plants. Robin Rose shares herbal medicine with gratitude for the loving generosity of the plants and the magic, mystery, and beauty of the web of life. She is on the faculty of the New York Open Center and the Arbor-Vitae School of Traditional Herbalism, and is the author of two meditation CD's and the books: Healing Magic- A Green Witch Guidebook to Conscious Living and The Gift of Healing Herbs- Plant Medicines and

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