



EMPOWERMENT



# EXPRESS YOURSELF!™

where teens talk and the world listens

## Teen Radio

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### Express Yourself!

Sunday at 3 PM Pacific

**April 19th 2020: The Brain and The Best Week that Never Happened**

After watching a series of brain-related TED Talks for her neuroscience class, host Brigitte Jia extracted fascinating facts about the brain and this new, exciting field of study. She shares her own experiences with neuroscience research and discusses the surprising science of happiness. Dallas Woodburn guests with her debut novel, *The Best Week That Never Happened*, a love story set in Hawaii, with a dash of mystery and magic, about living each day to the fullest. Kirkus Reviews raved, "... captivating and moving. A dazzling, emotional story of love, loss, and living in the moment." Dallas talks

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### Featured Guest

Guest Image

#### Dallas Woodburn

Dallas Woodburn is an author, writing coach, and "book doula" who is passionate about spreading the joys of reading and writing. Her debut YA novel, *The Best Week That Never Happened*, is being published by Month 9 Books this month. She has also written extensively for newspapers and magazines, hosts the popular book-lovers podcast "Overflowing Bookshelves" and leads the organization Write On! Books. Dallas lives in the San Francisco Bay Area with her husband Allyn and their one-year-old daughter Maya. She developed a Book Club Kit that is available for free on her website, [www.dallaswoodburnauthor.com](http://www.dallaswoodburnauthor.com)

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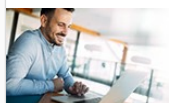
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