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HEALTH & WELLNESS



**The A to Z of Sex**  
Thursday at 11 AM Pacific /2 PM Eastern  
**May 21st 2020: P is for Painful Sex**

On this episode I will discuss painful sex in women and men, causes and possible remedies. I will respond to questions that I have been asked the past few weeks that there hasn't been time to answer. Finally, I will talk a bit about my new book, published 20 April and now available via kindle and in paper and hardback.



#### Tune in

Thursday at 11 AM Pacific  
Time/2 PM Eastern Time on  
VoiceAmerica Health Channel

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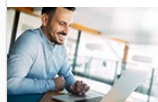
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