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July 3rd 2020: Encore Show: The Pursuit of Sexual Wellness and Rights in Later Life

Today we are going to discuss the diversity of sexual expression in older adulthood, and how to pursue sexual wellness in later life. What does it mean to be sexually well in later life? And how can we achieve our sexual goals? These questions are still relatively taboo and often reserved for a "charmed circle," though the conversation about later life sex is gaining momentum and becoming more inclusive. Our guest, Maggie Syme, a sexuality and aging researcher, will be talking about the biopsychosocial aspects of sexual expression, challenges to sexual wellness, diversity, sexual citizenship,

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#### **Featured Guest**



### **Maggie Syme**

Maggie Syme is an assistant professor in gerontology in the Center on Aging at Kansas State University. Her background is in counseling psychology and public health, with a doctoral degree from the University of Kansas and Master's in Public Health from San Diego State University.

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