



HEALTH & WELLNESS



SHE TALKS HEALTH PODCAST

Hosted by Sophie Shepherd

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June 16th 2020: Addressing PCOS With Dr. Gersh

10% of ALL women have PCOS or Polycystic Ovarian Syndrome. It is the most common female endocrine disorder and the #1 cause of infertility. Once a woman has PCOS it can set off a cascade of issues - NOT JUST REPRODUCTIVE. This syndrome can cause acne, obesity, diabetes, autoimmune disease and heart disease. There is A LOT of misinformation, over medication and lack of education about PCOS which is why I asked Dr. Felice Gersh to come talk to you about it. Dr. Gersh is quite literally one of a kind, as a fellowship-trained, double board-certified Integrative OB-GYN. She uses the best

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Featured Guest



Dr. Felice Gersh

Felice Gersh, M.D. is a multi-award winning physician with dual board certifications in OB-GYN and Integrative Medicine. She is the founder and director of the Integrative Medical Group of Irvine, a practice that provides comprehensive health care for women by combining the best evidence-based therapies from conventional, naturopathic, and holistic medicine. An active part of the PCOS community, Dr. Gersh works with the PCOS Awareness Association and is a member of the PCOS Challenge's Medical/Scientific Advisory Board. She speaks at the annual conferences of both non-profit organizations. She is a member of the AE-PCOS Society, and has spoken multiple times at their prestigious academic me

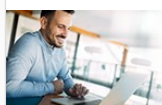
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