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Rise 'n Shine! Not Just for Mornings Anymore.

Tuesday at 12 Noon Pacific

July 7th 2020: Real Life Hacks for Reclaiming Your Personal Power

Lori Anne knows what it's like to have life turned upside down, have to take a stand that costs everything, and yet still get up each day to find a new way forward. Surrounded by people all her life with various kinds of brain differences, Lori Anne developed a deep and insatiable interest in how people think, how to overcome thought patterns that don't create the results we want, and how to stand in our personal power no matter what others might think or say about the choices we're making. Combining personal experience, a background in life coaching, and her unquenchable desire to always be!

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Featured Guest

Guest Image

Lori Anne Rising

Lori Anne Rising is the international award-winning author of "You. Rising! Reclaim Your Life. Live Your Purpose." She's a spiritual and intuitive mentor for women, an empathic channeler, and host of "You Rising!" the podcast for women seeking to answer their inner call. Her work challenges old paradigms, and reconnects women with their Wise One Within to empower, inspire and reawaken their life's purpose and passion. To claim your free gift and learn more about mentorship programs or intuitive readings, visit <https://podspout.app/loriannerising>.

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