



▼ EMPOWERMENT



Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit

Thursday at 8 AM Pacific

**July 9th 2020: Creating the Life You Love:
Embracing the Magic Within**

We all have the power to access the magic within ourselves and create a fulfilling life. Shelly believes our lives can feel mundane as we go through the motions of being human, often functioning on auto-pilot. In today's time of chaos and upheaval, a lot of us have become anxious and stressed or numb to avoid feeling the fear. Shelly offers an alternative and invites us to consciously bring our body, mind and spirit into alignment with the expression of our true self. In her words, "We have the opportunity to activate, embody and embrace all of our magical Divine being through an intentional a

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Featured Guest



Shelly Wilson

Shelly Wilson is an author, intuitive medium and conscious creator who is passionate about helping people wake up to their greatness. She supports others as they navigate their own journey into consciousness to experience aliveness. She offers private sessions, intuitive coaching, small business coaching, Reiki sessions and teaches workshops. Shelly's books, 28 Days to a New YOU, Connect to the YOU Within and Journey into Consciousness, are available in paperback and eBook. She is also the creator of Journey into Consciousness: Cards of Empowerment. Shelly's newest book, Embracing the Magic Within, and accompanying Clarity Cards are now available. Please visit her at

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