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EMPOWERMENT



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**July 26th 2020: Stop Giving Away Your Power -  
How to Stop the Power Draining Cycle**

Do you give away your power or just wonder if you do? This show addresses what it looks like and how it might feel to give away your power, so you can recognize the next time you do it. You'll learn about the power draining cycle and how you can stop it in its tracks; 5 ways to strengthen your resolve to act when you aren't sure what will happen, as well as the 6 keys to empower yourself and your life. This show also addresses how to take your power back in detail; from shifting your perspective to setting up boundaries, and so much more! If you want to take dominion over your sovereignty with

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