







# Say It Skillfully.

By Molly Tschang



Say It Skillfully®

Tuesday at 8 AM Pacific /11 AM Eastern July 21st 2020: Say It Skillfully® - Sameer Munshi, EY Consulting: overcome selfdefeating thoughts & find your path

Say It Skillfully® is a show that helps you to benefit from Molly Tschang's expert guidance on the best possible ways to speak your mind at work in a positive and productive manner. In Episode 37, Sameer Munshi, EY Consulting Manager, talks about being a late bloomer, overcoming perceived early failures to get on a track to thrive. One key was learning to speak kindly and skillfully to himself, which led to a more positive mindset. He also reveals his own takeaways for financial wellness and what's meaningful. Tay joins Molly keen for ways to address people asking about her race, while stayin

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## **Featured Guest**



### Sameer Munshi

Sameer Munshi is a Manager at EY Consulting, focused on the Wealth & Asset Management sector for the past 5 years. He has advised large financial services firms on strategy, business transformation, and digital product management in the financial planning, goals-based wealth management, and financial wellness topic areas. Prior to EY, Sameer earned his MBA from Cornell University after spending four years at Bank of America Merrill Lynch. He originally started his career in sales after earning his bachelor's degree in business management from the University of Maryland, College Park. Sameer lives in the NYC area with his wife Allison, 2-year old son Jackson, and mini-goldendoodle Riggins.

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