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**July 22nd 2020: Addiction is a Wiring Problem:
How EBT Can Help**

What triggers addiction? Wires! Stress activates strong circuits in the emotional brain that promote addictive behaviors, ranging from drugs and alcohol to sugar and technology. Discover the power of viewing addiction as a wiring problem, and learn how to begin rewiring it. The EBT 30-day Intensive is a remote service by telephone, with private, confidential training and support for 30 minutes daily to learn how to rewire addictions and promote a secure connection to yourself. Hear from addiction specialist, physician and EBT leader, Michele Welling, MD in this special program on the neurobio

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Featured Guest



Michele Welling

Michele Welling, MD is the director of professional training for EBT, charged with shaping the professional certification courses that support the medical, psychological, and behavioral workforce in updating their knowledge of science and their clinical skills to deliver preventive and therapeutic EBT coaching and groups for Brain Based Health. Living in Kentucky and an EBT leader since 2013, Dr. Welling has unique perspectives on the power of EBT to transform lives and healthcare. She has been an Internal Medicine physician for over 29 years and is presently a Medical Director for a County Detention Center in Lexington, Kentucky, and Medical Director for an Addiction Clinic. Her profession

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