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**TA HEALTH & WELLNESS** 







# YOUR DAILY DOSE



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August 5th 2020: Antibacterials, Hand Sanitizers, Your Immune System and Covid 19

Join me as talk about the use and overuse of antibacterial products that we have used in our homes and our personal care products for the past several years, and more often now with the Covid 19 pandemic. Are they helping our immune system or harming it? What about all of the Natural Supplements promoted to "Boost" our immune system? Are they worth it? I'll give you some beneficial information to help us all stay safe in these unprecedented times.

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