

The Kathryn Zox Show Wednesday at 7 AM Pacific

August 5th 2020: Ep. 1276: Healthy Relationships and Ep. 1277: Personal Stories

Kathryn interviews Pediatrician Claudia M. Gold MD, author of "The Power of Discord: Why the Ups and Downs of Relationships Are the Secret to Building Intimacy, Resilience, and Trust." She shows how working through the inevitable dissonance of human connection is the path to better relationships. Dr. Gold is on the faculty of the University of Massachusetts Boston Infant-Parent Mental Health Program, the Brazelton Institute at Boston Children's Hospital and the Berkshire Psychoanalytic Institute. Kathryn also interviews Associate Professor of English. University of Nevada Christopher Coake, au

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Featured Guests



Claudia M Gold MD

Claudia M. Gold MD is a pediatrician and writer who practiced general and behavioral pediatrics for over 20 years and now specializes in early childhood mental health. She is on the faculty of the University of Massachusetts Boston Infant-Parent Mental Health Program, the Brazelton Institute at Boston Children's Hospital and the Berkshire Psychoanalytic Institute. She is a clinician with FIRST Steps Together, a program for pregnant and parenting women recovering from opioid dependence and director of the Hello It's Me Project, a communitybased program supporting parent-infant relationships in rural western Massachusetts. Dr. Gold speaks frequently to a variety of audiences including paren

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Christopher Coake

Christopher Coake is the author of the novel You Came Back (2012) and the story collection We're in Trouble (2005), which won the PEN/Robert Bingham Fellowship for a first work of fiction. In 2007, he was named one of Granta's Best Young American Novelists. His short fiction has been anthologized in collections such as Best American Mystery Stories 2004; The Best American Noir of the Century; and Gutted: Beautiful Horror Stories; and has been published in numerous literary journals. A native of Indiana, Coake received his MFA in fiction from Ohio State University. He is an Associate Professor of English at the University of Nevada where he directs the MFA program in creative writing.

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