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EMPOWERMENT



11:11 Talk Radio

Tuesday at 8 AM Pacific

October 14th 2020: Cleansing Rites: Erika Buenaflor

Do you regularly cleanse and clear your space, your energy, and your body? Cleansing Rites of Curanderismo: Limpas Espirituales of Ancient Mesoamerican Shamans explores the essential tools and processes used by ancient Mesoamerican shamans, when conducting limpias—practical and incredibly effective shamanic cleanses that heal, purify, and revitalize people and spaces. People who are interested in developing their holistic healing arsenal, will find this book invaluable. Erika outlines how limpias work holistically to enable one to let go and cleanse the body, mind, and spirit of limitin

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Featured Guest



Erika Buenaflor

Erika blends her 20+ cumulative years of practicing as a curandera, mentoring with curanderx and shamans in the Maya Yucatecan jungle, LA, and Peru, and studying Mesoamerican Curanderismo at UCLA and UCR to provide you with a rich look into the fascinating world of Mesoamerican Curanderismo and Shamanism. She has a master's degree in religious studies with a focus on Mesoamerican shamanism and curanderismo. She has written Cleansing Rites of Curanderismo, Curanderismo Soul Retrieval, Sacred Energies of the Sun and Moon, and Animal Medicine. As a modern-day curandera, she excels at translating and applying this sacred knowledge to help her clients realize and live their BLISS.

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