

Aging Life Network New Shows Available September 2nd 2020: Keeping Older Loved Ones Safe During COVID-19

The COVID-19 pandemic has many Americans concerned about the safety of those they love including children, friends and especially older family members. The CDC notes that among adults, the risk for severe illness from COVID-19 increases with age, with older adults over age 65 being at highest risk. In fact 8 out of 10 deaths in the U.S. have been our elders. How do these facts impact the choices and care options families must continue to make following hospitalizations requiring placement in facilities, those living at home with paid caregivers or living currently in facilities? When can w

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Featured Guests



Bruce Mann, MD FACP

Dr. Mann is a board certified internist and Fellow of the American College of Physicians. He is formerly an academic researcher in nutrition and epidemiology with several published articles to his credit. Dr. Mann received his MD at the University of California San Diego and served as resident, chief resident, and on the faculty of the University of New Mexico School of Medicine. More recently, he has worked extensively in the Medicare arena with Medicare beneficiaries appealing Medicare coverage decisions. He is currently educating people about Covid-19 on his YouTube channel called Mann on Med.

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Corey Nelson

Corey Nelson is the owner and found of Stellar Senior Housing Experts. Stellar has been helping seniors and their families find placement in Albuquerque, New Mexico for ten years. Corey's 20 years of experience working with older adults in healthcare coupled with her Professional Certificate in Gerontology makes her uniquely qualified to guide families through the incredibly challenging and emotional process of finding senior placement for their loved ones. Her goal is to find good, appropriate and long term placement for her clients to ensure their success. In doing so, she improves the quality of life of the older adult and their family as well - knowing their loved ones are in a safe envi

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Lena Ernst, PhD

Dr. Lena G. Ernst, Ph.D., health care operator and educator for 30 years in the field of aging, about dementia and the neuropsychiatric features in dementia as well as the challenges that caregivers face when caring for loved ones with dementia. Dr. Ernst earned her Ph.D. from the University of New Mexico where she focused her research in the area of aging, dementia, spirituality, stress and coping. Dr. Ernst has worked in long-term care as a licensed social worker, a licensed nursing home administrator, and as an owner/operator of healthcare facilities. Dr. Ernst is the founder of Retreat Healthcare – which includes two assisted living communities, an advanced dementia specialty care cen

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