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HEALTH & WELLNESS



## Shift Happens!

with Karin Weiri



### Shift Happens!

Archives Available

**September 8th 2020: Advocating for Your Loved Ones Who are Hospitalized During this Pandemic**

Aida Cirino-Lee shares her personal experience when her husband was hospitalized for 19 days during the pandemic. This means she could not visit him while there. Many have experienced this or is currently experiencing this and Aida shares how to advocate for your loved one so you can make sure that your loved one is treated correctly. Some people die alone others are misdiagnosed, and other yet are neglected. Aida's personal story confirms her motto "The doctor is responsible for your Sick Care and You, Yes YOU are responsible for your Health Care."

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### Featured Guest

Guest Image

#### Aida Cirino-Lee

Aida CirinoLee is a Holistic Health Practitioner and Certified Integrative Coach with more than 25 years of healthcare experience in Internal Medicine, urgent Care and Oncology as a Registered MA and Lab tech. As a result of my own healing journey and my experiences in our healthcare system I birthed Rx4 Everlasting Health.

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