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EMPOWERMENT



Living Your Limitless Life
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October 4th 2020: Make Life-Changing
Decisions a Breeze

You make decisions every day; when to get up, what to wear, and how long to shower. Routine decisions can be easy, but how do you do with the larger decisions? The ones that can be lifechanging? If you know HOW you make decisions, you have a leg up. This show points out why making decisions can be so difficult, the different ways we make decisions to help us understand ourselves and others, and decision deadlines. It includes new habits you can implement to make decision-making a breeze and lays out a 7-Step Plan you can follow for those big lifechanging decisions. If you have trouble making d

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