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October 20th 2020: Freedom from Clutter: Step by Step Process to Remove the Emotional Clutter that is Weighing You Down

An interview with best selling author Mel Mason "The Clutter Expert", who will share her emotional story of being abused, suicidal and drowning in clutter. You will want to hear her transformation journey and how she arrived at writing a book with a step by step process for getting through the clutter that is weighing you down emotionally, physically and spiritually. She says, "If you only organize the outside without changing the inside, the clutter will keep coming back". This is show you will want to listen and call in to ask your questions for "The Clutter Expert."

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## **Featured Guest**



Best selling author Mel Mason is "The Clutter Expert". As a sexual abuse survivor, she grew up depressed, suicidal and surrounded by clutter. What she realized after coming back from the brink of despair and getting through her own chaos was that the outside is just a mirror of the inside. And if you only organize the outside without changing the inside, the clutter keeps coming back. So, that set her on a mission to empower people around the world to get free from clutter and experience more happiness and more abundance in every area of their lives. Since then she's used her own experience to create a step-by-step process designed to help you get free from clutter without feeling overwhelme

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