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Seniors STRAIGHT Talk
New Shows Weekly
October 21st 2020: Oh the Places We Will Go

This episode and those moving forward, begins with host Phyllis Ayman introducing News & Views. A short segment of news items of relevance to seniors, their families & the community at large. Watch for social media posts of News & Views. Host Phyllis Ayman will continue with latest initiatives re the first online course she introduced entitled: Resilience How to Overcome Burnout, Stress & Overwhelm as well as plans for upcoming courses. In addition, Phyllis has authored her third book, Dignity & Respect, Are Our Aging Parents Getting What They Deserve? and is proud to announce that Dr. Bill

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