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Unbuckled, with Intimacy Architect Christi Anne Bela

New shows weekly

November 13th 2020: Love Multiplied: The World Under the Umbrella of Non-Monogamy

Our guest Kate Loree is a sex positive licensed marriage and family therapist with a specialty in non-monogamous, kink, LGBTQ and sex worker communities. She knows first hand the hurdles, massive emotional growth, and amazing joy these worlds can provide. When it comes to your relationship status, you can say you are Monogamous or pick from the many terms which can fall under the umbrella of Non-Monogamy. Whether you call it Polyamory, Ethical Non-Monogamy, Open Relationship or Many Loves, it is the "Choose Your Own Adventure" of dating. Even through it is not new in society, figuring ou

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Featured Guest



Dr. Kate Lore

Kate Loree, LMFT is a sex positive licensed marriage & family therapist with a specialty in non-monogamous, kink, LGBTQ & sex worker communities. In addition to her Masters in Marriage & Family Therapy, she is also a registered art therapist (ATR) and has a second Masters in Business Administration (MBA). She has been practicing psychotherapy for seventeen years & has additional training in EMDR & the Trauma Resiliency Model (TRM) for the treatment of trauma, such as sexual, physical, and emotional abuse. She is about to launch a podcast, Open Deeply, with sex educator, Sunny Megatron. She has written her first book due to be published at the end of 2021. She has written for Good Vibrations

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