

Innovating Leadership, Co-Creating Our **Future**

Tuesday at 11 AM Pacific

April 20th 2021: Mindfulness and the Benefits in the Work Place

Even before Covid-19, employees were reporting record rates of burnout and stress with Gallup studies showing only 15% of employees fully engaged at work. Now with workers stuck behind screens, grasping for focus and suffering from the real mental challenges of prolonged social isolation and anxiety, organizations are in need of well-being development for their employees. It is essential for today's workplaces to provide wellbeing support for employees, as well as traditional professional development. Supporting the long-term mental health of your team can mean the difference between an engag

Read more





Tune in

Tuesday at 11 AM Pacific Time on VoiceAmerica **Business Channel**

LISTEN LIVE

EPISODE ON DEMAND

VIEW HOST PAGE

Questions? Comments? Call In Live! Call-In Toll Free: 1-866-472-5790 Intl: 001-480-398-3352

Featured Guests



Peter Weng

Peter Weng is the founder of the EWS Collective. Peter is focused on supporting individuals and organizations to optimize the balance of wellbeing and performance. As a corporate executive (Google, Dell) and well-being/mindfulness non-profit leader (HMI, SIYLI) he has implemented systems of well-being and performance in companies, governmental organizations, and non-governmental organizations around the world.

Read more



Rich Fernandez

Rich Fernandez, Ph.D., is CEO of Search Inside Yourself Leadership Institute, which was developed at Google as a mindfulness and emotional intelligence platform for leaders and later was spun off as an independent non-profit educational institute. Rich was formerly head of executive education at Google, and prior to that worked for many years at JP Morgan Chase and eBay. Currently, his organization works with governments, businesses, universities, and community organizations to offer practical and accessible mindfulness and emotional development learning solutions.

Read more

Share This Episode







Connect with VoiceAmerica

Download our mobile apps

















Read what our hosts are writing about.

