



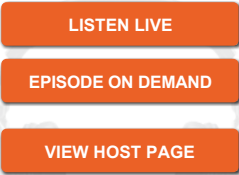
UnchainedTV
Wednesday at 12PM Pacific
February 15th 2021: Veguary: Go Vegan in February!

Veganism is skyrocketing. More and more Americans are identifying themselves as plant-based. Reports from publications, like The Beet, say veganism is growing fastest in the African-American community! Today, we're talking to powerful leaders of that movement who are involved in the Veguary campaign. Veguary is a FREE month-long pledge campaign encouraging people to commit to vegan living during the month of February. "This campaign is purposefully situated in the month of February - Black History Month in the United States - to highlight the contributions of Black trailblazers, and the many

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Featured Guests



Brenda Sanders
Brenda Sanders is a vegan food justice activist and entrepreneur who works to make plant-based foods more accessible to everyone. She Co-Founded Thrive Baltimore, a community resource center that offers classes, workshops and other programming that assist people in making healthier, more sustainable choices. She's also Executive Director of Afro-Vegan Society, a nonprofit organization that provides online support and resources to inspire people in transitioning to vegan living and Co-Owner of The Greener Kitchen, located in the heart of what's known as PIG TOWN USA, a vegan deli that produces plant-based foods that are both affordable and accessible, and co-creator of Vegan SoulFest, an annu

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Naijha Wright-Brown
Naijha was introduced to gardening, farming, environmentalism, sustainability, and the basics of healthy eating while spending summers in Massachusetts as a teenager. She is a native New Yorker, born in Manhattan's lower east side and raised in the South Bronx. Naijha has an MBA in Business and is a successful serial entrepreneur, the thought of owning a restaurant never crossed her mind until she relocated to Baltimore in 2005 and met Gregory Brown. Naijha is the Marketing Director for The Land of Kush, VeganSoul Bistro, and co-creator of Vegan Soulfest and Maryland Vegan Restaurant Week. She is the Executive Director of the Black Vegetarian Society of Maryland and has a digital talk sho

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Samantha Claassen
Samantha Claassen owns Golden West Cafe, in Baltimore Md. She is a co-founder of MD Vegan Eats, the nation's first Vegan Restaurant Week. Sam believes that each plant-based meal sold in omni-restaurants will help to change the industry from within, that we are powerful great and small. She has been plant-based for some years and spends time advocating for traditional restaurants to provide more inclusive menu options. Her motto at her restaurant is "Something for Everyone." mdveganeats.com

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