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Wednesday at 4 PM Pacific

**March 24th 2021: Hollywood and Essential Oils,
Food Waste, Happiness Gift**

Producer, writer and director in the Hollywood television industry, Kac Young, will talk about awards season. Most recently she was Vice President of Television Production and Development for Universal Studios Hollywood and has also served on the boards of The Director's Guild of America and Women in Film. She'll also discuss her book, Essential Oils for Beginners. Essential oils are powerful essences from plants, trees, shrubs, fruits, seeds, nuts, and bark. Used correctly they can be your best friends. Used incorrectly or undiluted they can bring you harm and discomfort. www.kacyoung.com

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Featured Guest

Guest Image

Kac Young, PhD

Kac Young has been a producer, writer and director in the Hollywood television industry for over 25 years. Kac has also earned a PhD in Natural Health and a Doctorate in Naturopathy. She completed 36 courses in nutrition from Baylor University. Clients come to her for advice on health, nutrition, and spiritual well-being. Using her third Doctorate degree in Clinical Hypnotherapy, she helps people manage weight control, smoking cessation, behavior modification, stress reduction, past-life regression, and phobia management. She teaches workshops and classes in Metaphysics including, Crystal Healing, Essential Oils, Bach Flowers, Pendulum energy, Moon Energies, Feng Shui, and practical classes

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