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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
March 17th 2021: Concealed

How do the lives left behind when parents leave their country and culture impact their first generation children? Esther Amini's parents carried with them the fears, oppressions and traditions they left but also the grit and determination it took to create a new life. Confused as a child about what caused them to behave the way they did, Esther has spent a lifetime seeking to understand them and, ultimately, herself. In the process, she has come to admire them more deeply and also to feel the grief of what they struggled with. We will talk about her memoir and the impact on her of searching fo

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Featured Guest



Esther Amini

Esther Amini is a writer, painter, and psychoanalytic psychotherapist in private practice. Her short stories have appeared in Elle, Lillith, Tablet, The Jewish Week, Barnard Magazine, TK University's Inscape Literary, Proximity, Paper Brigade, and Zibby Owens' Anthology: "Moms Don't Have Time To." She was named one of Aspen Words' two best emerging memoirists and awarded its Emerging Writer Fellowship in 2016 based on her memoir entitled: "Concealed." Her pieces have been performed by Jewish Women's Theatre in Los Angeles and in Manhattan, and she was chosen by JWT as their Artist-in-Residence in 2019. KIRKUS REVIEWS has chosen "CONCEALED" as one of the BEST BOOKS of "2020." ChaiFlicks, (Jewi

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