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Psych Up Live
Thursday at 11 AM Pacific
March 18th 2021: Encore How to Survive and Thrive After Midlife Divorce

In this episode, Abby Rodman psychotherapist and author draws upon her own experience with divorce, her clinical experience and the responses of hundreds of women to a survey on divorce, to share what we rarely hear when we learn someone is getting a divorce or has been divorced. Abby Rodman shares the insider story. She shares the fears, blame, hardship, parental worry and ultimate growth that is possible whether a divorce comes after two years or twenty, and whether it comes by choice, betrayal or mutual despair. As described in her book, Without This Ring, Abby Rodman does not advocate for

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Featured Guest



Abby Rodman

Abby Rodman is a psychotherapist, blogger, and author of the Amazon bestseller Without This Ring: A Woman's Guide To Successfully Living Through And Beyond Midlife Divorce. Her ebook/course From Bitter To Better: 7 Steps To Recovering From The Divorce You Didn't Want, was recently named one of 2016's Most Inspirational Books by Aspire Magazine.

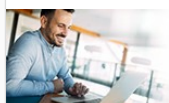
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