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March 24th 2021: Battle of the Titans: Sex, Money, and Power in Relationships

No one wants to feel powerless, and yet we are destined to feel vulnerable and powerless particularly when we are in intimate relationships. The fact that power differentials exist in relationships is not in question; how couples learn to navigate them is. In unhealthy or abusive relationships sex and money are weapons of power for ultimate control and exploitation, and power struggles about sex and money can occur even in the healthiest of relationships—it's the human condition. So how do individuals and couples learn to balance power in their relationship? The answer is different for each

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Featured Guest



Debra Kaplan

Debra L. Kaplan, MA, MBA, LPC, CSAT-S is an author, speaker and licensed therapist specializing in attachment, sexual addiction/compulsivity, money, work, and relational currency—issues often rooted in unresolved childhood experiences. Debra is faculty for the International Institute for Trauma and Addiction Professionals, a Certified Sex Addiction therapist and Certified EMDR therapist. After a successful career on Wall Street, where issues regarding sex, money and power are legendary, Ms. Kaplan merged her fascination with narcissism, sex, power and control with her studies in psychology. Her first book, *For Love and Money: Exploring Sexual & Financial Betrayal in Relationships*, became the

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