



HEALTH & WELLNESS



Resiliency Within
Monday at 1 PM Pacific
April 12th 2021: Resilience in The Public Sector and Beyond

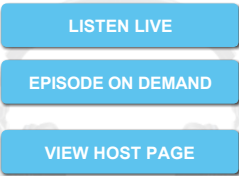
New Hanover County faces many natural crises due to their location on the coast of North Carolina and the numerous hurricanes that have occurred over the last few years. New Hanover County adopted biologically-based resilience practices from the Community Resiliency Model (CRM) with the goal to create a trauma-informed and resiliency-focused practice toward each person in public service, sharing a common understanding of the impact of trauma and chronic stress on the nervous system. The implementation is integrated as core measures for professional development and as a means to permeate the co

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Featured Guests



Mebane Boyd
Mebane Boyd is a Licensed Clinical Social Worker, with a Bachelors' Degree in History from Davidson College, and a MSW from the University of North Carolina, CW. As the Family Service Manager with Smart Start, she became keenly aware of the role of toxic stress in preventing children from reaching their full potential. In 2018, Ms. Boyd had the opportunity to bring together her experiences and contacts across her community around the topic of resiliency and creating a trauma-informed community. Under her leadership, there are currently over 100 organizations and 700 individuals collaborating to make Hanover County in North Carolina more compassionate and resilient. In October 2018, Ms. Bo

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Bo Dean
BIO: L.S. "Bo" Dean Jr., serves as well as lives in New Hanover County Government professionally as a Senior HR Analyst for Training and Development with the over 1800 public servants we are fortunate enough to have in this county. Bo is a CRM Certified educator and has embraced resilience education as a means to permeate public sector work to enable higher degrees of wellness for those that serve as well as a greater degree of compassion and connection to those being served. In his private life, he has had the blessings to be involved with and a part of his local New Hanover Regional hospital foundation, The Wilmington Housing Authority as a Commissioner, the chair and member of the Wilmin

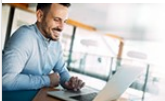
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