



Dropping In

Friday at 8 AM Pacific

May 7th 2021: Prozac Monologues: A Voice from the Edge with Willa Goodfellow

She was going to stab her doctor, but she wrote Prozac Monologues instead. Years later, Willa Goodfellow revisits this account of an antidepressant-induced hypomania that hijacked a Costa Rican vacation and tells the rest of the story, the wrong medication, an overlooked diagnosis of Bipolar 2, and finally a path to recovery. Prozac Monologues: A Voice From the Edge is a comedic memoir of misdiagnosis and self-help book about the bipolar spectrum. It offers information about a mood disorder frequently mistaken for Major Depression with resources for recovery and further study. Plus, Costa Ri

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Featured Guest



Willa Goodfellow

Willa Goodfellow's early work with troubled teens as an Episcopal priest shaped an edgy perspective and preaching style. A bachelor's degree from Reed College and a master's from Yale gave her the intellectual chops to read and comprehend scientific research about mental illness—and her life mileage taught her to recognize and call out the bull. So she set out to turn her own misbegotten sojourn in the land of antidepressants into a writing career. Her journalism has attracted the attention of leading psychiatrists who worked on the DSM-5. She is certified in Mental Health First Aid, graduated from NAMI's Peer to Peer, and has presented on mental health recovery at NAMI events and Carver Med

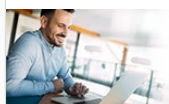
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