



HEALTH & WELLNESS



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July 6th 2021: **MEDICATING NORMAL**

Meet the director and main subject of the award winning 2020 documentary, "Medicating Normal," a brave and honest film which focuses on the harmful effects of psychiatric medications. It follows the journeys of a newly married couple, a combat veteran, a waitress and a teenager whose doctors prescribed psychiatric drugs for stress, mild depression, insomnia and trauma. These people went on to suffer serious physical and mental side effects as well as neurological damage from taking these medications as prescribed and severe complicated withdrawal when they attempted to stop. Filmmaker an

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Featured Guests



Lynn Cunningham

Lynn Cunningham, filmmaker, watched painfully as a close family member was diagnosed with mental illness. the prescribed medication provided relief and stability at first. However, in ten years, one drug had become ten, and income from a vibrant, self-sufficient career was replaced by monthly disability payments. Unable to provide an answer to her relative's almost daily question, "Is everything going to be o.k.?", Lynn began searching for answers. Five years of research uncovered data and anecdotal evidence offering a stunning new perspective about mental health treatment. Lynn's personal quest to help one suffering individual turned into a mission to tell an untold story that became

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Angela Peacock

Angela Peacock, MSW, is a former U.S. Army Sergeant, and subject of the film, "Medicating Normal." She earned a masters in social work from Washington University in St. Louis, and is part of the outreach team for the film, facilitating discussion of the film's issues for communities worldwide. Angie suffers from protracted withdrawal syndrome from psychiatric medications, is a mental health advocate, a writer, and a YouTube creator, who travels in her RV across the United States in an effort to improve the mental health care system.

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