





Psych Up Live

with Dr. Suzanne Phillips

Psych Up Live Thursday at 11 AM Pacific

June 24th 2021: Encore Living Single and Living in Different Places: Unexpected Options for **Happiness**

In this episode, Dr. Bella DePaulo, social psychologist and author will first draw upon her well recognized book, Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After to consider the cultural myths, negative presumptions and even financial discrimination against people who choose to live alone. Considering that more than half of adult Americans are single, Dr. DePaulo's goal of raising consciousness regarding "Singlism" and awareness of the actual happiness of many singles is an important one. In this episode, Dr. De Paulo will also discuss her

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Featured Guest



Dr. Bella DePaulo is a Harvard trained social psychologist. She is the author of Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After, How We Live Now: Redefining Home and Family in the 21st Century, and other books. She also writes the "Living Single" blog for Psychology Today and the "Single at Heart" blog for PsychCentral. Atlantic magazine described Dr. Bella DePaulo as "America's foremost thinker and writer on the single experience." Dr. DePaulo has discussed single life on radio and television, including NPR and CNN, and her work has been described in the New York Times, the Washington Post, the Wall Street Journal, USA Today, Time, Atla

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