





Resiliency Within

Building Resiliency during Unprecedented Times



Elaine Miller-Karas



TRAUMA RESOURCE INSTITUTE

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Resiliency Within
Monday at 1 PM Pacific
June 28th 2021: Post-Pandemic Healing,
Learning and Well-being

Heidi Williams-Cooper and Lindy Settevendemie began working together just prior to the pandemic with Emory University’s Social, Emotional, and Ethical (SEE) Learning program. SEE Learning is an innovative K-12 education program, providing educators with the tools they need to foster the development of emotional, social, and ethical intelligence for students and themselves. Ms. Williams-Cooper and Ms. Settevendemie’s work started as a collaboration to create a culturally responsive adaptation of the SEE Learning curriculum to meet the needs of the the Kindezi Schools’ community, students a

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Featured Guests



Lindy Settevendemie
Lindy Settevendemie is a dedicated educator, equity-focused coach, and gifted international facilitator of Social, Emotional, and Ethical (SEE) Learning. She helps educators understand how to implement this innovative curriculum. She finds this work invigorating, challenging, and ultimately hopeful. Lindy spent 10 years in middle and high school education, teaching over 1,000 kids, mentoring educators, and guiding student advisory groups in service to social-emotional learning. Now she works mostly with adults, having facilitated workshops for over 900 educators from around the world, and she thinks that the best part about that is the connection, collaboration, and creation that happens w

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Heidi Williams-Cooper
For over a decade now, Heidi Williams-Cooper has championed the cause of equipping teachers, students and families with the tools to understand and cultivate culturally responsive social-emotional well-being and holistic wellness – first as a parent advocating on behalf of her own children and then as an educator. As an elementary educator and former assistant principal, Heidi has mentored and coached educators with a holistic lens that understands the importance of truly “seeing” each student -recognizing and cultivating the individual gifts that each of them brings, elevating their voices and preparing them to lead choice-filled lives. She continues to approach her calling as one

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